

What does an OT Driver Assessment involve?

- Initial Assessment including assessment of physical, visual, cognitive and road craft skills that may impact driving.
- On Road Assessment with the OT in a driving instructor's vehicle with dual controls.
- Provision of feedback and recommendations including Driver Assessment Report.
- Development and implementation of capacity building programs, education and support as needed.
- Communication and correspondence with medical practitioners and Department of Transport as needed

Occupational Therapists are skilled in functional assessment and capacity building including supporting and promoting independence in tasks at home and in the community.



About EncourageOT

EncourageOT is the business of Nicole de la Perrelle, an experienced Occupational Therapist and Driver Trained Occupational Therapist.

Nicole has significant experience in supporting return to drive for individuals with spinal cord injury, traumatic brain injury, stroke and degenerative neurological conditions. Nicole is skilled in prescribing vehicle modifications including complex modifications and extensive driver rehabilitation programs. Recently, Nicole has expanded her practice to further support Learner Drivers with autism and intellectual disability.

Nicole primarily provides mobile Occupational Therapy services however, can complete clinic based assessments as needed.

Contact Us

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Encourage
OCCUPATIONAL THERAPY
MENTORING
CONSULTANCY
OT



What is an Occupational Therapy Driving Assessment ?

www.encourageot.com

Driving is an important activity of daily living for many Australians. We often rely on driving for accessing the community and to meet social, recreational and vocational needs. Many individuals with a disability can have challenges in learning to drive or resuming driving after an injury, accident or health event. People with progressive disabilities and older drivers may also need support in maintaining safe driving capacity and independence for as long as possible.

A Driver Trained Occupational Therapist can help with assessment, education, rehabilitation and support to help individuals achieve their driving goals.

A Driver Trained OT can assist drivers in the following areas:

- Assessment of potential to drive for individuals wanting to attain their Learner's Permit.
- Development of a capacity building program to support the learning to drive process
- Practical On Road Assessment of current driving abilities.
- Facilitating return to driving after medical suspension of driver's license
- Support and training in techniques and approaches to driving to maximise safety and independence.
- Identification of strategies to enable safe driving including modifications to the vehicle or other assistive technology.
- Improving driver confidence and reducing anxiety in a variety of driving situations.

